

Where to go to have a blood test

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| Queen's Hospital | 7:00am – 5:00pm Monday – Friday | Rom Valley Way, Romford, Essex, RM7 0AG Ground floor in the Main Entrance. Walk-In service. Last ticket issued at 4:30pm. <i>(For children under 3 yrs old only: tests are done by appointment - 01708 435289 – in Children's Outpatients.)</i> |
| King George Hospital | 7:00am – 5:00pm Monday – Friday | Barley Lane, Goodmayes, Essex, IG3 8YB Ground floor, Outpatients Dept. Walk-In service. Last ticket issued at 4:30pm. <i>(For children under 3 yrs old tests are done by appointment - 01708 435289 - in Children's Outpatients at Queen's Hospital.)</i> |
| Barking Hospital * | 7:00am – 3:00pm Monday – Friday | Upney Lane, Barking, Essex, IG11 9LX Walk-In service, no appointment necessary. No children under 12. |
| Brentwood Community Hospital | 8:00am – 4:00pm Monday – Friday | Crescent Drive, Brentwood Essex, CM15 8DR Appointment only. Phone Basildon 01268 242159 between 7:30am and 3:00pm |
| Chadwell Heath Clinic * | 8:30am – 3:30pm Mondays, Wednesdays and Fridays (closed 12:30pm - 1.30pm for lunch) | Ashton Gardens, Dagenham, Essex, RM6 6RT Walk-In service, no appointment necessary. No children under 12. |
| Church Elm Lane Clinic * | 8:30am – 3:30pm Mondays, Wednesdays and Fridays (closed 12:30pm - 1.30pm for lunch) | 128 Church Elm Lane, Dagenham, Essex, RM10 6RR Walk-In service, no appointment necessary. No children under 12. |
| Cranham Clinic * | 9:00am – 11:50am Mondays, Wednesdays and Fridays | Walk-In service, no appointment necessary. No children under 16. |
| | 9:00am – 11:55am Monday – Friday | Avon Road, Upminster, RM14 1QS By appointment only. Phone 01708 576100. No children under 16. |
| Elm Park Clinic ** | 8:30am – 12:00pm Monday – Friday (Limited service on the last Wednesday of the month) | 252 Abbs Cross Lane, Hornchurch, Essex RM12 4YG Walk-In service, no appointment necessary. No children under 16. |
| Fanshawe Centre | 9:00am – 3:45pm Monday – Friday | 57 Halbutt Street, Dagenham, Essex, RM9 5AR Walk-In service, no appointment necessary. No children under 16. |

If you are not fasting for your blood test, it may be advisable to arrive after noon for your test when wait times are generally shorter.

* Service provided by NELFT ** Service provided jointly by NELFT and BHRUHT ≈ Service provided by The Hurley Group Pathology 6860 R. 2 20-08-14

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| Harold Hill Health Centre * | 8:45 – 12:15pm Monday – Friday | Gooshays Drive, Romford, RM3 9SU Walk-In service, no appointment necessary. No children under 16. |
| Harold Wood Walk In Centre ≈ | 8:00 – 12:00pm Monday – Friday | Harold Wood Polyclinic, St Clements Avenue, Off Gubbins Lane, Harold Wood RM3 0FE. Walk in Service, no appointment necessary. No children under 7. Phone: 01708 574000 |
| Loxford Polyclinic | 8:00 – 5:00pm Monday – Friday | 417 Ilford Lane, Ilford, IG1 2SN By appointment only. Phone 0208 822 3800 between 8:00am and 4:00pm. No children under 16. Last appointment time is 4:20pm Monday – Thursday and 4:00pm on Fridays. |
| Marks Gate Clinic * | 8:30am – 12:30pm Tuesdays and Thursdays | Lawn Farm Grove, Dagenham, Essex, RM6 5LL Walk-In service, no appointment necessary. No children under 12. |
| Porters Avenue Clinic * | 8:30am – 2:30pm Tuesdays, Wednesdays & Thursdays | 234 Porters Avenue, Dagenham, Essex, RM8 2EQ Walk-In service, no appointment necessary. No children under 12. |
| Rainham Health Centre** | 9:30am – 11:15am Monday – Friday (No service on the last Wednesday of the month) | Upminster Road South, Rainham, RM13 9AB Walk-In service, no appointment necessary, only 30 tickets issued per day. No children under 16. |
| Thames View Clinic * | 8:30am – 3:30pm Monday - Friday (closed 12:30pm - 1.30pm for lunch) | Bastable Avenue, Barking, Essex, IG11 0LG Walk-In service, no appointment necessary. No children under 12. |
| Vicarage Fields Clinic * | 8:30am – 3:30pm Monday - Friday (closed 12:30pm - 1.30pm for lunch) | Vicarage Drive, Barking, Essex, IG11 7NR Walk-In service, no appointment necessary. No children under 12. |
| Victoria Hospital ** | 8:30am – 12:30pm Monday – Friday (Limited service on the last Wednesday of the month) | Pettits Lane, Romford, Essex, RM1 4HP Walk-In service, no appointment necessary. No children under 16. |

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